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ACHIEVING THE SWEET SPOT 2019:

Latest Advances in Diabetes Care for the Multidisciplinary Team

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Friday, Nov. 15
Michigan State University
Management Education Center

811 W. Square Lake Road
Troy, MI 48098

Provided by Beaumont Health
in collaboration with the
American Diabetes Association

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Description:

This educational symposium will provide health care providers with practical approaches for the management of diabetes. Participants will have the opportunity to become updated on current evidence-based guidelines, focus on practice-based learning and improvement and network with colleagues.

Target audience:

Physicians, physician assistants, nurses, nurse practitioners, pharmacists, dietitians, fellows, residents and students with an interest in the areas of family medicine, endocrinology and internal medicine.

Objectives:

At the conclusion of this conference, participants should be better able to:

1. Explain the potential clinical implications of pivotal trials of 2019.
2. Describe the importance of hemoglobin A1C and time-in-range.
3. List key items to look for when recommending mobile apps to a person with diabetes.
4. Evaluate the place in therapy of metformin in the new era of treatment options for Type 2 diabetes mellitus.
5. Review the pharmacologic mechanisms and clinical data examining the efficacy and safety of new agents for the treatment of Type 2 diabetes.
6. Discuss areas of opportunity to reduce drug induced hypoglycemia in the hospital.
7. Define a fad diet and name weight loss programs that are safe to follow by a person with diabetes.
8. Summarize the cardiovascular benefits of improved cardiorespiratory fitness in persons with and without cardiovascular disease and how these benefits compare with commonly prescribed cardiovascular medications.
9. Identify key foundations of motivational interviewing and practice seven new techniques for dealing with "stuck" or "resistant" patients.

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Desired Learning Outcome:

After attending this event, the learner will have increased knowledge of the current evidence-based guidelines, new classes/agents available for the treatment of diabetes and strategies for motivating patients to incorporate lifestyle changes.

Physician Continuing Medical Education:

Beaumont Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Dietitian Continuing Professional Education:


This activity is approved for 5 CPE credits for dietitians.

Nursing Continuing Education:

Beaumont Health is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) 5.25 contact hours awarded.

Participants must sign in, attend the entire conference and complete the online evaluation form to receive contact hours. A statement of credit may be printed after submitting the evaluation.

Pharmacist Continuing Education:

 ACPE Universal Activity Number: To be listed. Beaumont Health is accredited by the Accreditation Council for Pharmacy Education as a provider of Continuing Pharmacy Education.

Pharmacists have the opportunity to earn 5.25 hours of continuing education credit. These activities are structured to meet knowledge-based educational needs. In addition, a valid NABP e-profile number and DOB must be submitted during the activity. The CPE Monitor website may be checked within 30 days from the date of the activity to determine if credit was awarded. Participants must sign in, attend the entire session and complete an evaluation form to receive contact hours.

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Beaumont Health
Internal Medicine
3601 West 13 Mile Road, Suite 305
Royal Oak, MI 48073-6769

Return undeliverable brochures to:
Afamia Fetele
Beaumont Hospital, Royal Oak
Pharmaceutical Services
3601 W 13 Mile Rd
Royal Oak, MI 48073

ACHIEVING THE SWEET SPOT 2019: LATEST ADVANCES IN DIABETES CARE FOR THE MULTIDISCIPLINARY TEAM

Final agenda is subject to change between the printing of brochure and the conference date.

CONFERENCE AGENDA

7 a.m.	Registration and continental breakfast			
8-8:15 a.m.	Welcome & opening statements - Lowell Schmeltz, M.D., FACE			
8:15-9 a.m.	Major diabetes trials of 2019 - George Grunberger, M.D., FACP, FACE			
9-9:45 a.m.	Glucose metrics: Hemoglobin A1c versus time-in-range - Lowell Schmeltz, M.D., FACE			
9:45-10:30 a.m.	Electronic apps for diabetes management - Crystal Broj, BSCS			
10:30-10:55 a.m.	Break/Networking/Exhibits			
Concurrent Breakout Sessions				
	Auditorium	Room 101	Room 102	Room 106
10:55-11:40 a.m.	Metformin: Is it still the first line drug? Steven Katzman, D.O., FACOI	Fad diet programs and impact on diabetes Cecilia Sauter, MS, RD, CDE, FADE	Inpatient hypoglycemia: Where are you looking for opportunities to improve? Afomia Feleke, PharmD, BCPS	New antidiabetic agents and what's in the pipeline Helen Berlie, BHS, PharmD, CDE, BCACP
Concurrent Breakout Sessions Repeated				
	Auditorium	Room 101	Room 102	Room 106
11:45 a.m. to 12:30 p.m.	Metformin: Is it still the first line drug? Steven Katzman, D.O., FACOI	Fad diet programs and impact on diabetes Cecilia Sauter, MS, RD, CDE, FADE	Inpatient hypoglycemia: Where are you looking for opportunities to improve? Afomia Feleke, PharmD, BCPS	New antidiabetic agents and what's in the pipeline Helen Berlie, BHS, PharmD, CDE, BCACP
12:30-1:45 p.m.	Lunch/Product Theater*/Exhibits/Networking			
1:45-2:30 p.m.	Cardioprotective benefits of regular physical activity and improved cardiorespiratory fitness in "at-risk" patients: Prescriptive pearls - Barry Franklin, Ph.D.			
2:30-3:15 p.m.	Can you spare some change? Seven short ways to get your patient to change Heather Kirkpatrick, Ph.D., MS, ABPP			
3:15 p.m.	Conference adjourns			

*The Product Theater is not endorsed by Beaumont Health and is not a part of the CME activity.

Course Director:

Lowell Schmeltz, M.D., FACE
President, American Diabetes Association of Michigan
Associate Professor of Medicine, Oakland University William
Beaumont School of Medicine
Associated Endocrinologists, PC, Farmington Hills, MI

Course Coordinators:

Afomia Feleke, PharmD, BCPS
Clinical Pharmacy Specialist, Beaumont Hospital, Royal Oak

Lindsay Beresh, MEd, RD, CDE
Diabetes Educator, Beaumont Hospital, Royal Oak

Faculty:

Helen Berlie, BHS, PharmD, CDE, BCACP
Associate Professor, Clinical, Department of Pharmacy
Practice, Wayne State University, Detroit
Ambulatory Care Pharmacist, Diabetes Specialist,
Health Centers Detroit Medical Group, Detroit

Crystal Broj, BSCS
Chief Technology & Innovation Officer,
American Association of Diabetes Educators



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Faculty: (cont.)

Barry Franklin, Ph.D.
Director, Preventive Cardiology and Cardiac
Rehabilitation, Beaumont, Royal Oak
Professor, Internal Medicine, Oakland University
William Beaumont School of Medicine

George Grunberger, M.D., FACP, FACE
Chairman, Grunberger Diabetes Institute,
Bloomfield Hills, MI
Clinical Professor, Internal Medicine, Wayne State
University School of Medicine, Detroit
Professor, Internal Medicine, Oakland University
William Beaumont School of Medicine, Rochester
Visiting Professor, First Faculty of Medicine,
Charles University, Prague, Czech Republic

Steven Katzman, D.O., FACOI
Director of Palliative Care, Beaumont Hospital,
Farmington Hills
Assistant Clinical Professor, Michigan State University,
East Lansing

Heather Kirkpatrick, Ph.D., MSCP, ABPP
Director of Behavioral Science for Internal Medicine,
Ascension Genesys Hospital
Adjunct Assistant Professor, Michigan State University
College of Human Medicine

Cecilia Sauter, MS, RD, CDE, FADE
Coordinator, Michigan Medicine: University of Michigan

Questions?

CME:
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Dietitian CPE:
Lindsay Beresh, lindsay.beresh@beaumont.org

Nursing CE: sue.kokko@beaumont.org

Pharmacist CE:
Heidi Pillen, 947-522-1168 or
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General event:
Afomia Feleke, 248-898-2521 or
afomia.feleke@beaumont.org

Registration fee:

Early bird rate (On or before 9/30)
Physicians: (M.D./D.O.) **\$125**
Health care professional: **\$75**
Beaumont Resident/Fellow or OUWB Student: **\$35**
Non-Beaumont resident/fellow/student: **\$55**

Regular rate (10/1-11/11)
Physicians: (M.D./D.O.) **\$140**
Health care professional: **\$90**
Beaumont Resident/Fellow or OUWB Student: **\$35**
Non-Beaumont resident/fellow/student: **\$55**

Onsite rate (11/15)
Physicians: (M.D./D.O.) **\$160**
Health care professional: **\$110**
Beaumont Resident/Fellow or OUWB Student: **\$55**
Non-Beaumont resident/fellow/student: **\$75**

Registration fee includes meals and continuing education credit processing.

Cancellations or refund requests must be received by Nov. 11, 2019. A processing fee of \$25 will be assessed to all cancelled registrations. Cancellation or refund requests after Nov. 11 will not be honored. To cancel a registration, email cme@beaumont.edu with the name of the activity and "Cancellation" in the subject line. Please note that cash cannot be accepted per Beaumont corporate policy.

Location:



Michigan State University Management Education Center
811 W Square Lake Rd
Troy, MI 48098

Complimentary on-site parking is available.

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